



The All Saints Community, Arts and Youth Centre

February Programme (Covid secure venue)

To get our monthly guide to what is taking place at the All Saints please e-mail us on the address below.

The All Saints Centre cannot take responsibility for any programme changes. All events are the responsibility of the individual organisers. For tickets and more information please see individual listings. The Centre is open 7 days, but hours vary with the programme of events. Please call to arrange a time if you wish to view the space.

The All Saints Centre
Friars Walk, Lewes,
East Sussex, BN7 2LE
01273 486391
asclewes@lewes-tc.gov.uk
www.lewes-tc.gov.uk

Monday

BounceBack Cardiac Exercise Class.

Run by a friendly, BACPR accredited cardiac rehab specialist. 3pm to 4pm £7 per session. For details contact Anita on 07852986914 or anitaasghar@msn.com

Lewes Youth Rock Orchestra

L.Y.R.O offers a place for young budding musicians to come and hang out, develop as a musician, and to gain the knowledge and experience needed to succeed in the music industry. From age 8-16yrs
Main hall 4:30-6pm FIRST SESSION FREE
For more information visit:
lewesyouthrockorchestra.com
Email: james@lewesyouthrockorchestra.com
Facebook: @Lewesyouthrockorchestra
Phone: James on 07812822471

Dancing in the dark

A chance for people who like dancing but can't remember the last time they had a good boogie. Different soundtrack each week. Mixed music, house, hip hop, funk, soul, reggae, break beat, drum and bass, pop. Aged 18+, 8-8:45

Circus Pearls Trapeze, aerial silks and rope classes for 7s and over. Classes between 3.45pm to 6.15pm Small Hall. All our teachers are CRB checked & insured. For more information circuspearls@gmail.com

Tuesday

Adult Ballet Classes No previous knowledge of ballet needed. A small friendly class designed for all ages and abilities. £8 per class, term only.

09.30am Main Hall. For more info & to book contact Claire Lyons AISTD on 07773 194040 or claire.lyons@sky.com

Medieval Sword fighting "Princes and Lords learn to survive with this art, in earnest and in play. But if you are fearful, then you should not learn to fence. Because a despondent heart will always be defeated, regardless of all skill." Sigmund Ringeck 1389. Come and practice medieval sword fighting. Tuesdays from 7pm-8.30pm. Small Hall. Contact Neal at nealmatheson2@gmail.com for more information and to book.

Yoga for the over 50's

You will be introduced to postures, breath work, sound and short meditative practices, within each of these tools. You will be encouraged to find the right level of engagement for yourself. We will work towards releasing tensions and stress, improving flexibility and building up stamina. Individual support is offered to each participant so that particular health conditions can be accommodated and hopefully improved. Classes between 12pm and 1:15pm in the small hall.

Wednesday

Pilates with Hannah Ellicock

Registered Osteopath. A Pilates class to help you strengthen, tone and refine your core with an emphasis on precision and control. 9.15am to 10.15am Main Hall. £10 per class. Payable half termly. For more info call Hannah on 07830190503 or www.lewesfamilyosteopath.co.uk

Toy Library Loads of toys to choose from for play & for hire! Stay and play or just pop in and borrow. Refreshments provided. 9.30am to 11.30am Small Hall. £5 for a year membership. Playgroup £2 drop in per family. For more info contact the All Saints Centre directly.

Turning Pointe School of Dance Ballet & Tap for ages 3 to adult. 3.30pm to 7.15pm Both Halls. Contact Julia Canneaux for details times and prices www.turningpointedanceschool.co.uk

BAM BAM Dance Fitness
A high energy mixed ability dance fitness class. 7.45-8.45pm Wednesdays, Main Hall. Taking inspiration from Afro-Caribbean dance styles and beat driven music, such as Dancehall, Afro-beat, Reggaeton, UK Garage and Dub/ Reggae. The class will consist of simple choreographed routines, aimed to improve cardio fitness, flexibility, muscle strength, and most importantly raise levels of happy hormones!
£6 class entry, first session free. Drop ins welcome or to book or get more info email Hayley at bambamdancefitness@gmail.com

Thursday

Pilates with Hannah Ellicock Registered Osteopath. 9.30am to 10.30am Main Hall. £10 per class. Payable half termly. For more info call Hannah on 07830190503 or www.lewesfamilyosteopath.co.uk

Iyengar Yoga with Sallie Adults, all levels. 1.30pm to 3pm. Main Hall. £10 per class drop in or reduced rates for block

booking. For more information or to book your place please email sallie.sullivan8@btinternet.com

Windmill Young Actors Lewes

A one-hour drama workshop for infant actors aged 5 to 7 years. Our young actors learn drama skills as part of a team in a nurturing and inspiring environment with the guidance of experienced teachers who are also industry professionals. 3.45pm to 6.15pm. Main Hall. First session is a FREE trial. For more information contact Denise on 07961986245 or lewes@windmillyoungactors.com or www.windmillyoungactors.com

Circus Pearls Trapeze, aerial silks and rope classes for 7s and over. Classes between 3.45pm to 6.30pm. Small Hall. All our teachers are CRB checked & insured. For more information circuspearls@gmail.com

Lewes Glynde Beddingham

Brass Full band 8pm to 10pm. Experienced players welcome along. More details email Jane Stewart on secretary@lgbbrass.co.uk

Friday

PlayGroup Informal drop-in for parents & tots for play and for conversation! Lots of toys, activities & refreshments. 10am to 11.30am. Main Hall. £2 per family. Email: allsaintsplaygrouplewes@gmail.com

Circus Pearls Aerial lessons on trapeze, rope & silks! All levels. Great for fitness & fun! Different classes from 3.45pm to 6.15pm. Small Hall For more information circuspearls@gmail.com

ONE-OFF EVENTS

Lewes Film Club

A community group run by film enthusiasts bringing art-house, classic, and foreign films to Lewes.

Members only due to covid measures in place £100 for one year membership (incl. 35 films).

First Cow Friday 4th 8pm R12A

Three Colours: Blue 18th 8pm R15

Three Colours: White 20th 8pm R15

For more info contact 07809235578 or visit www.lewes-filmclub.com

Cliffe Bonfire - The Rocky Horror Picture Show

"Give yourself over to absolute pleasure" - dress up (yes there will be prizes) and join Cliffe Bonfire members (as you've never seen them before) in a special viewing of this iconic picture show. The film will be hosted by Cliffe's very own compère, JonBee!

Doors open 7pm

Film Starts 7.30p

Licensed Bar, Tickets from £7 at The Gardeners Arms, Harveys Brewery Shop, John Harvey Tavern, The Dorset, The Volunteer. Friday, 25. February at All Saint's Centre, Lewes