



The All Saints Community, Arts and Youth Centre

March Programme (Covid secure venue)

To get our monthly guide to what is taking place at the All Saints please e-mail us on the address below.
The All Saints Centre cannot take responsibility for any programme changes. All events are the responsibility of the individual organisers. For tickets and more information please see individual listings. The Centre is open 7 days, but hours vary with the programme of events. Please call to arrange a time if you wish to view the space.

The All Saints Centre
Friars Walk, Lewes,
East Sussex, BN7 2LE
01273 486391
asclewes@lewes-tc.gov.uk
www.lewes-tc.gov.uk

Monday

BounceBack Cardiac Exercise Class.

Back after Covid, a gentle fitness classes at the on at All Saints Centre Firaris Walk BN7 2LE @Mondays from 3-4pm. Gentle simple to do fitness class, suitable for all, including those recovering from Cardiac/Cancer/ Pulmonary events Come along and see how we can help you improve your fitness. Contact Anita on 07852986914 or email anitaasghar@msn.com

Lewes Youth Rock Orchestra

L.Y.R.O offers a place for young budding musicians to come and hang out, develop as a musician, and to gain the knowledge and experience needed to succeed in the music industry. From age 8-16yrs
Main hall 4:30-6pm FIRST SESSION FREE
For more information visit: lewesyouthrockorchestra.com
Email: james@lewesyouthrockorchestra.com
Facebook: @Lewesyouthrockorchestra
Phone: James on 07812822471

Dancing in the dark

A chance for people who like dancing but can't remember the last time they had a good boogie. Different soundtrack each week. Mixed music, house, hip hop, funk, soul, reggae, break beat, drum and bass, pop. Aged 18+, 8-8:45

Circus Pearls Trapeze, aerial silks and rope classes for 7s and over. Classes between 3.45pm to 6.15pm Small Hall. All our teachers are CRB checked & insured. For more information circuspearls@gmail.com

Tuesday

Adult Ballet Classes No previous knowledge of ballet needed. A small friendly class designed for all ages and abilities. £8 per class, term only. 09.30am Main Hall. For more info & to book contact Claire Lyons AISTD on 07773 194040 or claire.lyons@sky.com

Medieval Sword fighting "Princes and Lords learn to survive with this art, in earnest and in play. But if you are fearful, then you should not learn to fence. Because a despondent heart will always be defeated, regardless of all skill." Sigmund Ringeck 1389. Come and practice medieval sword fighting. Tuesdays from 7pm-8.30pm. Small Hall. Contact Neal at nealmatheson2@gmail.com for more information and to book.

Yoga for the over 50's

You will be introduced to postures, breath work, sound and short meditative practices, within each of these tools. You will be encouraged to find the right level of engagement for yourself. We will work towards releasing tensions and stress, improving flexibility and building up stamina.
Individual support is offered to each participant so that particular health conditions can be accommodated and hopefully improved.
Classes between 12pm and 1:15pm in the small hall.

Wednesday

Pilates with Hannah Ellicock

Registered Osteopath. A Pilates class to help you strengthen, tone and refine your core with an emphasis on precision and control. 9.15am to 10.15am Main Hall. £10 per class. Payable half termly. For more info call Hannah on 07830190503 or www.lewesfamilyosteopath.co.uk

Toy Library Loads of toys to choose from for play & for hire! Stay and play or just pop in and borrow. Refreshments provided. 9.30am to 11.30am Small Hall. £5 for a year membership. Playgroup £2 drop in per family. For more info contact the All Saints Centre directly.

Turning Pointe School of Dance

Ballet & Tap for ages 3 to adult. From 3.30pm Both Halls. Contact Julia Canneaux for details times and prices www.turningpointedanceschool.co.uk

Thursday

Pilates with Hannah Ellicock Registered Osteopath. 9.30am to 10.30am Main Hall. £10 per class. Payable half termly. For more info call Hannah on 07830190503 or www.lewesfamilyosteopath.co.uk

Iyengar Yoga with Sallie Adults, all levels. 1.30pm to 3pm. Main Hall. £10 per class drop in or reduced rates for block booking. For more information or to book your place please email sallie.sullivan8@btinternet.com

Windmill Young Actors Lewes

A one-hour drama workshop for infant actors aged 5 to 7 years. Our young actors learn drama skills as part of a team in a nurturing and inspiring environment with the guidance of experienced teachers who are also industry professionals. 3.45pm to 6.15pm. Main Hall. First session is a FREE trial. For more information contact Denise on 07961986245 or lewes@windmillyoungactors.com www.windmillyoungactors.com

Circus Pearls Trapeze, aerial silks and rope classes for 7s and over. Classes between 3.45pm to 6.30pm. Small Hall. All our teachers are CRB checked & insured. For more information circuspearls@gmail.com

Mindful Movement is a gentle exercise class without pushing, into free flow of movement and dance on music. Laying on a mat, standing, sitting on a chair if needed, we explore our physical potential to free-up, strengthen and find balance, rekindling the joy to move. For everybody, especially for those recovering from injuries, getting older, chronic pain management (physical and mental) and professional dancers with anatomical exploration interest.
Doors Open: 11am, Cost: £10-£1, Wheelchairs accessible

Lewes Glynde Beddingham

Brass Full band 8pm to 10pm. Experienced players welcome along. More details email Jane Stewart on secretary@lgbbrass.co.uk

Friday

PlayGroup Informal drop-in for parents & tots for play and for conversation! Lots of toys, activities & refreshments. 10am to 11.30am. Main Hall. £2 per family. Email: allsaintsplaygrouplewes@gmail.com

Circus Pearls Aerial lessons on trapeze, rope & silks! All levels. Great for fitness & fun! Different classes from 3.45pm to 6.15pm. Small Hall For more information circuspearls@gmail.com

ONE OFF EVENTS

Lewes Film Club

A community group run by film enthusiasts bringing art-house, classic, and foreign films to Lewes. Members only due to covid measures in place £100 for one year membership (incl. 35 films).
Three Colours: Red 4th 8pm R15
Collective 8th 8pm R15
There is No Evil 18th 8pm R15
The 8th 22th 8pm R12
For more info contact 07809235578 or visit www.lewes-filmclub.com

Works in Progress – Lewes Live Lit

New writing for theatre. LLL presents another evening of professionally performed rehearsed readings of new works and works in progress by local playwrights. A chance to see exciting new plays at an early stage of development.
Tues 29 March, 7.45pm
All Saints Centre Lewes
For tickets please visit: <https://www.leweslivelit.co.uk/>

Around the world in 80 days – Lewes Drama Collective

Lewes Drama Collective students are set to take on one of Jules Verne's most famous transcontinental voyages this Winter in Laura Eason's adaptation of Around the World in 80 Days at Lewes Little Theatre.

For those seeking a high-spirited adventure without stepping off British soil, this production offers audiences the opportunity to enjoy a thrilling couple of hours through exceptional 19th century scenery with entertaining characters in beautifully designed costumes worn by a young and talented cast who are tutored and directed by qualified theatre practitioners.

19th and 20th March at 2.00pm, All Saints Centre Lewes

Visit <https://dramacollective.com> for booking details.

Let's Get Funked

Friday 11th March 2022 7.30pm – 12 Midnight
Lets Get Funked is back! An evening of Funk, Soul and Reggae for grown up party people. DJ Earl E Riser spins his special mix of funky grooves, infused with wide screen visuals that will keep you dancing all night!
Doors open 7.30pm
Half price drinks 7.30 – 8.30pm
Tickets £6 in advance, £8 on the door
To buy tickets in advance Just search for Lets Get Funked on www.wegotickets.com
For more info go to facebook.com/letsgetfunkedlewes

Two Way Mirror

A fast-paced, witty, darkly charming double-bill of rarely seen short plays by the iconic Arthur Miller.
A shopkeeper helps a man select a gift for a dying friend, only for them both to discover something new about the world, about love and companionship. A hard-bitten private investigator seeks to expose a miscarriage of justice, but the truth lies in the mind of a troubled old flame of his with multiple personalities.
5th March 7:30pm, All Saints Centre Lewes
Visit www.darkunicorn.org for booking details