

The All Saints Community, Arts and Youth Centre

What's On January 2023

The All Saints Centre cannot take responsibility for any programme changes. All events are the responsibility of the individual organisers. For tickets and more information please see individual listings.

We are open seven days a week and hours vary. Please get in touch to arrange a time to view the space or to receive our monthly guide to what is happening at the All Saints

The All Saints Centre Friars Walk, Lewes, East Sussex, BN7 2LE t:01273 486391 e:<u>allsaintscentre@lewes-tc.gov.uk</u> w: <u>lewes-tc.gov.uk</u> FB: <u>LTCcommunitycentres</u>

Monday

Pilates with Hannah Ellicock

9.30 to 10.30 Main Hall Registered Osteopath. £10 per class. Help strengthen, tone and refine your core. Emphasis on precision and control. Payable half termly. t:07830190503

e: <u>hannahellicock@gmail.com</u>

Bounceback with Penny

15.00 to 16.00 Main Hall We offer Phase four cardiac rehabilitation classes for those with any heart condition.e: bouncebackcardiacrehab@gmail.com

e: <u>bouncebackcardiacrenab@gmaii.com</u>

Circus Pearls 15.45 to 19.30 Small

Hall Trapeze, aerial silks and rope classes for seven years and over. All teachers are CRB checked and insured.e: circuspearls@gmail.com

Dancing in the dark

20.00 to 21.00 Main Hall. Lights out, Boogie on! Adults. Mixed music, house, hip hop, funk, soul, reggae, break beat, drum and bass, pop. Hosted by Rick. £4 on the door.

Tuesday

Creative Movement

10.00 to 11.00 Main Hall Expressive body, mind and movement class £80 for eight weeks. Contact Lauren t: 07791339045 e: <u>laurenreddance@gmail.com</u>

Bam Bam Dance Fitness

13.45 to 14.45 Small Hall A high energy mixed ability dance fitness class with Hayley. Taking inspiration from Afro-Caribbean dance styles and beat driven music. £7 drop in.

w: bookwhen.com/bambamdancefitness

Wednesday

Toy Library 9.30 to 11.30 Small Hall Coming back soon. Please check our Facebook or Instagram for more information FB: <u>Lewes Toy Library</u> IG: <u>Lewes Toy Library</u>

Pilates with Hannah Ellicock

9.30 to 10.30 Main Hall See Monday listing for details.

Turning Pointe School of Dance

16.15 to 21.00 Both Halls Ballet and Tap for ages three to adult. For details w: <u>turningpointedanceschool.co.uk</u>

Thursday

Pilates with Hannah Ellicock

9.30 to 10.30 Main Hall. See Monday listing for details

Iyengar Yoga 13.30 to 15.00 Main Hall

with Sallie. Adults, all levels. £10 per class or reduced rates for block booking. e: <u>sallie.sullivan8@btinternet.com</u>

Windmill Young Actors Lewes

15.30 to 18.15 Main Hall A one-hour drama workshop for infant actors aged five to seven years. First session is a free trial. Contact Denise t:07961986245 e: lewes@windmillyoungactors.com

Brass sparks

19.00 to 20.00 Small Hall. For young people aged seven to 18 who would like to learn to play a brass instrument or develop their existing playing. e: brasssparks@lgbbrass.co.uk

Lewes Glynde Beddingham Brass

20.00 to 22.00 Main Hall Full Band. Experienced players welcome along. Jane Stewart e: <u>secretary@lgbbrass.co.uk</u>

Friday

Playgroup

10.00 to 11.30 Main Hall Informal drop-in for parents and tots for play and for conversation. Lots of toys, activities & refreshments. £3 per family.

e: allsaintsplaygrouplewes@gmail.com

Circus Pearls

15.45 to 18.30 Small Hall See Monday listing for details

One off events

Friday 6 January Lewes Film Club showing Benediction (12A) 20.00

For tickets and more information: w: <u>lewes-filmclub.com</u>

Saturday 7 January Lewes Music Group Orchestra with Lewes Singers presents Vivaldi Gloria and Mozart Symphony

No.41 (Jupiter). Doors open 18.30 Start 19.00. For tickets and more information w: ticketsource.co.uk/lewes-music-group

Saturday 14 January The Musicians of All Saints directed by Andrew Sherwood. Start 19.30. For tickets and more information

w: musiciansofallsaints.co.uk/events

Tuesday 17 January Lewes Film Club showing Shoot the Pianist (12A) 20.00

For tickets and more information: w: <u>lewes-filmclub.com</u>

Friday 20 to Sunday 22 January Lewes Speakers festival Various authors over three days. For more information and to purchase tickets visit w:speakersfestivals.com/tickets-lewesspeakers-festival

Tuesday 24 January Lewes Literary Society

presents Author Lissa Evans. Talk starts at 20.00 Doors open 19.30. For more information and to purchase tickets visit w: <u>lewesliterarysociety.co.uk</u>

Friday 27 January

Lewes Film Club showing Compartment No.6 (15) 20.00

For tickets and more information: w: <u>lewes-filmclub.com</u>