



## What's On January 2023

Malling Community Centre cannot take responsibility for any Programme changes. All events are the responsibility of the individual organisers. For tickets and more information please see individual listings.

We are open seven days a week and hours vary. Please get in touch to arrange a time to view the space or to receive our monthly guide to what is happening at Malling Community Centre.

Malling Community Centre  
Spences Lane, Lewes, BN7 2HQ  
t: 01273 407537  
e: [mallingscentre@lewes-tc.gov.uk](mailto:mallingscentre@lewes-tc.gov.uk)  
w: [lewes-tc.gov.uk](http://lewes-tc.gov.uk)  
FB: [LTCcommunitycentres](https://www.facebook.com/LTCcommunitycentres)

## Monday

**Core Pilates 10.00 to 11.00 for all levels and 11.15 to 12.15 for over 60s. Main Hall.** Classes with Izzy Elliott, for all levels. For details t: 07426 891222 or e: [core34pilates@gmail.com](mailto:core34pilates@gmail.com)

**Yellow Brick Lab 09.45 to 11.15. Small Halls.** Structured workshops for home educated children aged five plus. Learning basic construction and programming skills with Lego™ Education, curriculum-based sessions. Termtime only, with George Gotsinas e: [george@yellowbricklab.co.uk](mailto:george@yellowbricklab.co.uk)

**Over 60s Monday Club 12.30 to 14.30. Small Hall one.** Friendly social club. Held each Monday, except Bank Holidays. Contact Sylvia Johnson for more information t: 01273 474024

**Beavers and Cub Scouts sessions held between 16.45 and 20.00. Main Hall.** Offering lots of fun and activities for children every Monday during termtime. Please contact Sarah for more information. e: [mailto:bradsar12@icloud.com](mailto:mailto:bradsar12@icloud.com) or t: 07591993051 w: [4thlewes.org.uk](http://4thlewes.org.uk)

**Diverse Dance 19.00 to 20.30. Small Halls.** All the fun of Latin, Ballroom & Swing, without partners! Learn many styles from Cha Cha Cha to the Charleston. t: 07986 810233 e: [ayse@diversedanceworks.com](mailto:ayse@diversedanceworks.com) w: [diversedanceworks.com](http://diversedanceworks.com)

## Tuesday

**SLH Dance Academy 9.30 to 10.30. Main Hall.** A friendly, nurturing and professional dance school teaching Ballet, Modern, Tap, Jazz, Lyrical and Musical Theatre classes for children aged two to 18 years old. e: [slhdanceacademy@hotmail.com](mailto:slhdanceacademy@hotmail.com)

**Pilates and Mindful Movement 11.00 to midday. Main Hall.** With Fiona Whitfield. To help develop strength, flexibility, and mobility in a holistic way. For more information, please contact Fiona on e: [fiona@thelifereboot.co.uk](mailto:fiona@thelifereboot.co.uk)

**SLH Dance Academy 16.00 to 19.30. Main and Small Halls.** As above e: [slhdanceacademy@hotmail.com](mailto:slhdanceacademy@hotmail.com)

## Wednesday

**Zumba 9.15 to 10.15. Main Hall.** A Latin inspired dance fitness workout with Gemma Coe. Every class feels like a party! Burn calories and have fun. It's exercise in disguise. Find out more and book your first class today e: [gemcoe@hotmail.co.uk](mailto:gemcoe@hotmail.co.uk)

**Yoga 10.00 to 11.00. Small Halls.** Vajrasati Yoga with Anita Hall, suitable for all ages and levels of experience. Please bring your own yoga mat. For more details, please visit w: [yogawithanita.co.uk](http://yogawithanita.co.uk)

**Breathe Pilates 17.15 to 18.15. Main Hall.** Mindful Movement with Marina Winsor. Pilates Class suitable for all adults. For more details: t: 07429 979027 or e: [breathepilates.marina@gmail.com](mailto:breathepilates.marina@gmail.com)

**Dog Training Sessions 19.00 to 20.00 and 20.00 to 21.00. Main Hall.** Lewes and District Dog Training Society. Puppy Training Courses and Dog Obedience Classes. For more information, please contact Jean Costello. Pre-booking necessary. t:01273 686931 e: [lewesdts@btinternet.com](mailto:lewesdts@btinternet.com)

### Thursday

**Lewes Drama Collective 18.30 to 20.15. Small Halls.** Termtime sessions for age five and up to learn about the world of performing arts. w: [dramacollective.com](http://dramacollective.com) e: [lewesdramacollective@gmail.com](mailto:lewesdramacollective@gmail.com)

**Black Powder Morris 19.00 to 21.00. Main Hall.** Practice Sessions. Border Morris with attitude. For more information t:07774 589461

### Friday

**Zumba 9.30 to 10.30. Main Hall.** A Latin inspired dance fitness workout with Gemma Coe. Every class feels like a party! Burn calories and have fun. It's exercise in disguise. Find out more and book your first class today e: [gemma@hotmail.co.uk](mailto:gemma@hotmail.co.uk)

**Pilates and Mindful Movement 11.00 to midday. Main Hall.** With Fiona. See Tuesday listing for details.

**Malling Short Mat Bowls 13.30 to 15.30. Main Hall.** We are a small friendly short mat bowls club established in 1998. We warmly welcome new members. We have a selection of bowls available for you to try and the first week is free. For more information please contact Club Secretary Dave Gander t:01273 475566.

### Saturday

**SLH Dance Academy. Both Halls. Sessions from 9.00 to 14.45.** Please see Tuesday's listing. e: [slhdanceacademy@hotmail.com](mailto:slhdanceacademy@hotmail.com)

### Sunday

**Bridgeview Judo 17.30 to 20.15 Main Hall.** Training for all ages eight years and up (Children from five to seven years are subject to coaching team approval). Club established for 31 years. New members welcome. e: [lewesjudo@gmail.com](mailto:lewesjudo@gmail.com)

### One Off Events

**Once a month Show Dance 19.45 to 20.45. Tuesday 10 January. Main Hall.** With Gemma Coe. A celebration of Musicals and Musical Movies. Includes a warmup, simple step sequences and then a fun, exciting routine to finish. For more info and to book e: [gemma@hotmail.co.uk](mailto:gemma@hotmail.co.uk)



**Main Hall**



**Small Halls combined**

**Why not book your special event or party with us?**

For more information, please get in touch & we will be happy to help.  
t: 01273 407537  
e: [mailto:mallingcentre@lewes-tc.gov.uk](mailto:mailto:mallingcentre@lewes-tc.gov.uk)  
w: [lewes-tc.gov.uk](http://lewes-tc.gov.uk)